

The Lycoming Vet

Volume 17 Issue 4

October 2025



Did you know?

If you were unable to get to your VA Hospital because of an emergency: please contact the VA within **72 hours** of your emergency, so you are better aware of what services VA may or may not cover.

Call: 844-724-7842

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MILITARY DATES OF REMEMBRANCE

October

- October 13 - Columbus Day
- October 13 - Navy Birthday
- October 26 - National Day of the Deployed
- October 27 - Navy Day

November

Military Family Month, Warrior Care Month

- November 10 - Marine Corps Birthday
- November 11 - Veterans Day
- November 11 - Armistice/Remembrance Day
- November 27 - Thanksgiving

December

- December 1 - Civil Air Patrol (USAF Auxiliary) Birthday
- December 7 - Pearl Harbor Remembrance Day
- December 13 - National Guard Birthday
- December 20 - Space Force Birthday

What can your local Veterans Affairs Office do for you?

Located at 33 West Third Street in Williamsport, three fully accredited Veterans Service Officers are available to help you navigate the Veterans Affairs system.

- All help is FREE of charge
- Wednesdays - walk in with your questions
- Call for a one-on-one appointment other days of the week 570-327-2365

Our office can help you with:

- Disability Compensation
- Pension/Survivor's Pension
- VA Healthcare
- Dependency & Indemnity Compensation

Additional Benefits we can help with:

- Veterans Headstones, markers and flags
- Burial Benefits and Grave Registry
- Veterans Emergency Assistance
- Hunting and Fishing Licenses for 60% - 100% disabled Veterans
- Real Estate Tax Exemption for 100% total and Permanent VA disabled wartime Veterans

Guidance for certain questions:

- Education and GI Bill information
- Discharge and Medal Replacements
- Lost discharge paperwork (National Archive requests)



Our Mission is “to fulfill President Lincoln’s promise ‘To care for him who shall have borne the battle, and for his widow and his orphan’ by serving and honoring the men and women who are America’s Veterans”.

Pearl Harbor Day

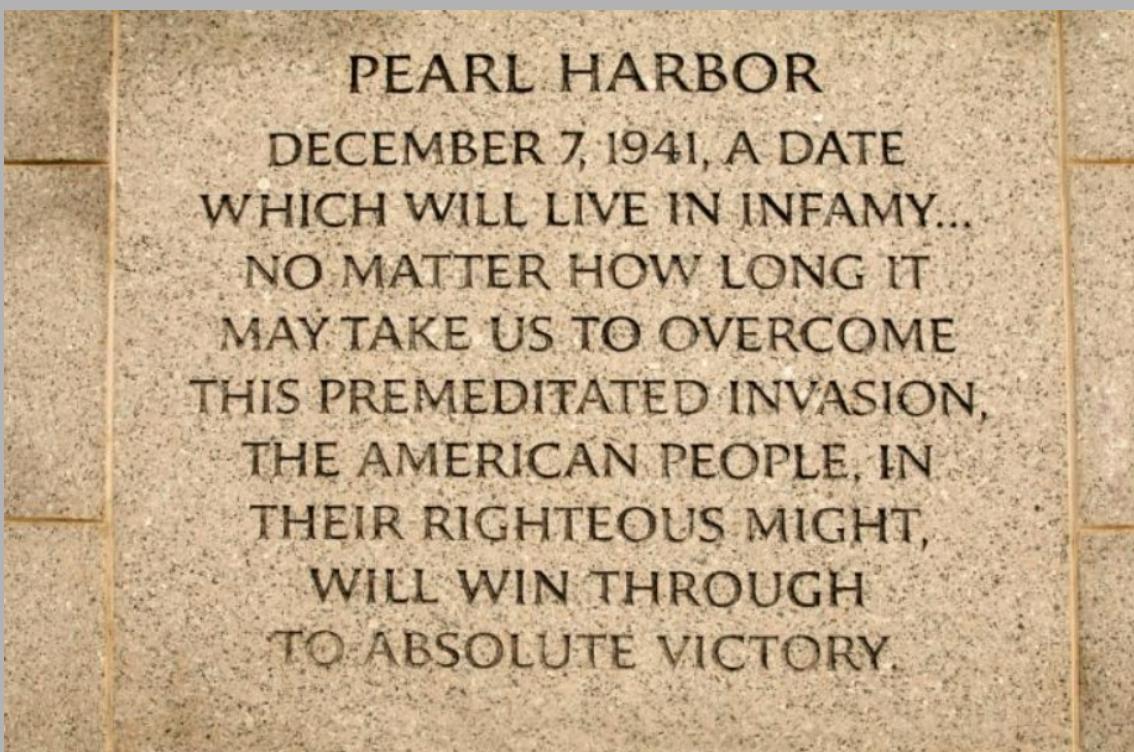
December 7th



- **USS Arizona Memorial:** Honors the 1,177 crew members who lost their lives during the attack.
- **USS Utah Memorial:** Commemorates the 58 crew members who died.
- **USS Oklahoma Memorial:** Dedicated to the 429 sailors and Marines who perished.

More information:

National Park Service - nps.gov/peri/learn/education.htm





Service to Our Nation

A Veteran of the United States is someone who has served on active duty in the Armed Forces, Public Health Service, or National Oceanic and Atmospheric Administration. The Veteran must have earned any character of discharge other than dishonorable. *On Veterans Day, we honor the service and sacrifice of all Veterans – living and deceased.*

HONORING ALL WHO SERVED

VETERANS DAY

November 11, 2025

www.va.gov



Korean War Veterans of Lycoming County Honor Guard

**Looking for
Veterans to honor
Veterans with
graveside military
honors**

“We Still Serve”

**Contact:
Honor Guard Commander
Howard Wilt (570) 745-3775**



You are getting an exam by the VA for a claim.

Now what?

The VA medical center or a VA contract vendor will contact you to conduct their exam.

We use several contractors to provide claim exams:

During the claims process, we may contact you through an Email notification system called govDelivery. We'll email you to tell you in advance about phone calls and text messages you'll get from our contractors about your disability exam.

Loyal Source Government Services,
caller ID display : "Loyal Source,"
[833-832-7077](tel:833-832-7077).

OptumServe Health Services,
caller ID display : "VA EXAM-Optum,"
[866-933-8387 \(TTY: 711\)](tel:866-933-8387).

Leidos QTC Health Services,
caller ID display : "VA EXAM-QTC,"
[800-682-9701](tel:800-682-9701).

Veterans Evaluation Services (VES),
caller ID display : "VA EXAM-VES,"
[877-637-8387](tel:877-637-8387).

If you're outside the continental U.S.,
customer service number
[+1-713-255-5656](tel:+1-713-255-5656).

If you missed the call or
need to reschedule (give at least 48 hours notice) :
Or call the VA at **800-827-1000**
M-F 8:00 a.m. - 9:00 p.m.

A vertical graphic of the American flag, showing the stars in the upper left and the red and white stripes on the right.

VETERAN'S
Breakfast

Join us for our monthly Veteran's
Breakfast at Hillside Senior Living!

TUESDAY

OCTOBER 7,

2025

8:30 AM

2725 FOUR MILE DRIVE
MONTOURSVILLE, PA 17754
570-322-4436



VETERANS FIELD GUIDE TO GOVERNMENT SHUTDOWN



The Department of Veterans Affairs (VA) is committed to provide quality, consistent care and services to Veterans, families, Caregivers, and Survivors. VA's mission allows no exception to this standard even when operations are limited by the absence of appropriations (commonly known as a "Government shutdown").



SERVICES TO VETERANS NOT IMPACTED:



VA Medical Centers, Outpatient Clinics, and Vet Centers will be open as usual and providing all services.



VA benefits will continue to be processed and delivered, including compensation, pension, education, and housing benefits.



Burials will continue at VA national cemeteries. Applications for headstones, markers, and burial benefits processing will continue.



The Board of Veterans' Appeals will continue decisions on Veterans' cases.



Call Centers: VA's primary call center (1-800-MyVA411) and the Veterans Crisis Line (Dial 988, Press 1) will remain open 24/7.



Suicide prevention programs, homelessness services, and caregiver support will continue.



SERVICES TO VETERANS IMPACTED:



VA will cease providing transition program assistance and career counseling.



Call Centers: VA's GI Bill (1-888-GIBILL-1) and National Cemetery Applicant Assistance (1-800-697-6947) hotlines will be closed.



VA benefits regional offices will be closed.



Public Affairs and outreach to Veterans will cease, including social media, VetResources emails, and responses to press inquiries.



No grounds maintenance or placement of permanent headstones at VA cemeteries.

Applications for pre-need burial at VA cemeteries will not be processed.

No printing of new Presidential Memorial Certificates.



No outreach to state, county, tribal, municipal, faith-based, and community-based partners by VA Central Office.



HAVE A QUESTION? CALL US!

The one number all Veterans, their families, caregivers, and survivors can use to access VA resources 24 hours-a-day, 365 days-a-year.

1-800-MYVA411 (1-800-698-2411)

In the event of a prolonged shutdown, VA will continue to review and update its plan in conjunction with the applicable legal requirements and circumstances. Please visit www.whitehouse.gov/omb/ or www.VA.gov for updated information.



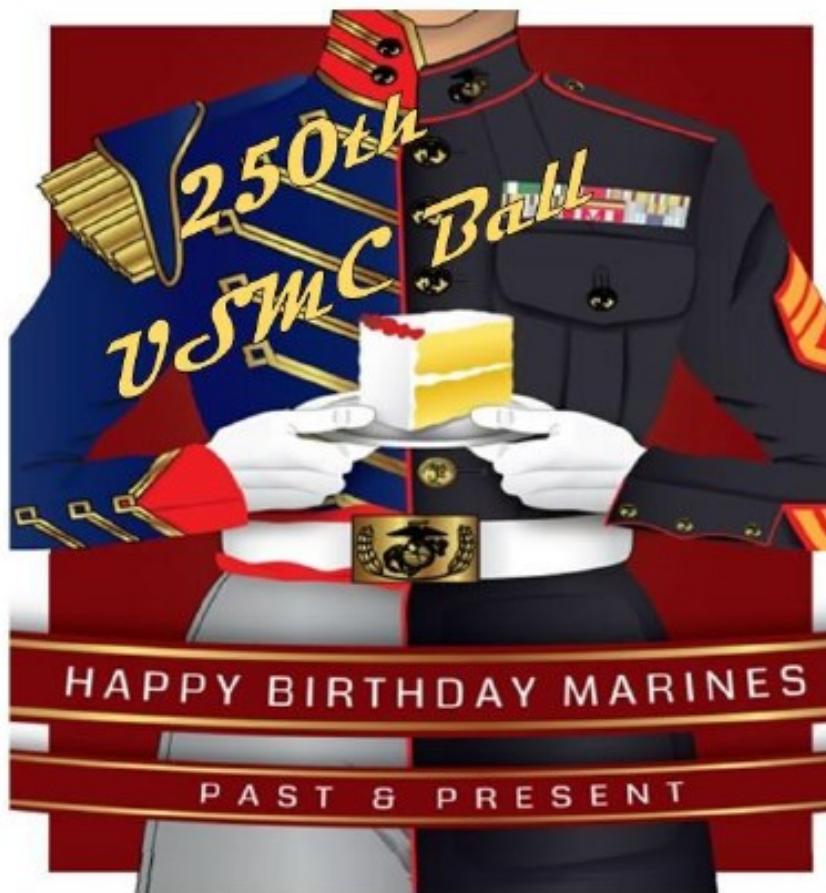
U.S. Department
of Veterans Affairs

Download the VA Welcome Kit www.va.gov/welcome-kit/

Subscribe to #VetResources www.va.gov/vetresources/

Veterans Crisis Line: Dial 988, then Press 1

Call 1-800-MyVA411 (1-800-698-2411) or visit [https://www.va.gov/contact-us/](http://www.va.gov/contact-us/)



**The 250TH United States Marine Corps Birthday Ball
Dinner, Dancing, Camaraderie**

**HOSTED BY THE WILLIAMSPORT DETACHMENT #388
MARINE CORPS LEAGUE**

When: Friday, November 7, 2025 from 5:00 p.m. to 11:00 p.m.

Where: Holliday Inn, Grand Ballroom, 100 Pine Street Williamsport, PA

Cost: \$55.00 per person/\$100.00 per couple

Dinner Selection Includes Choice of:

Chicken Cacciatore or Filet of Beef or Spinach & Ricotta

Yukon Mashed Potatoes

Steamed Broccoli & Cauliflower w/Lemon & Olive Oil

Rolls

Coffee and Tea

Birthday Cake and Ice Cream

50/50 Drawings

Tickets must be purchased by November 1, 2025.

**For more information, contact Doug Lane 570-322-4075
or David Keene 570-419-2779.**

DOORS OPEN AT 4:45 PM NO OUTSIDE ALCOHOL PERMITTED

**The 250th United States Marine Corps Birthday Ball****Dinner, Dancing, Camaraderie****HOSTED BY THE WILLIAMSPORT DETACHMENT #388
MARINE CORPS LEAGUE****When: Friday November 7, 2025 from 5:00 p.m. to 11:00 p.m.****Where: Holliday Inn, Grand Ball Room, 100 Pine Street, Williamsport, PA****Cost: \$55.00 per person/\$100.00 per couple****Dinner Selection Includes:****Choice of Filet of Beef, or Chicken Cacciatore or Spinach & Ricotta Ravioli,
Mashed Yukon Potatoes, Steamed Broccoli and Cauliflower w/ Lemon & Oil,****Coffee and Tea****Birthday Cake and Ice Cream****Tickets must be purchased by November 1st, 2025.****For more information, contact Doug Lane 570-322-4075 or****David Keene 570-419-2779****DOORS OPEN AT 4:45 PM NO OUTSIDE ALCOHOL PERMITTED****RESERVE YOUR MEALS:**NAME: _____ Chicken Cacciatore or Beef, or RavioliNAME: _____ Chicken Cacciatore or Beef, or RavioliNAME _____ADDRESS _____CITY _____TELEPHONE _____

COMPLETE THIS RESERVATION AND BRING TO THE SEPT OR OCT MEETING WITH A CHECK TO
WMSPT DET MCL OR MAIL TO WILLIAMSPORT DET, 507 CEMETERY ST. WILLIAMSPORT PA
17701 AND TICKETS WILL BE MAILED TO YOU. DEADLINE 1 NOV 2025. PLEASE CALL DOUG
LANE 570-322-4075 OR DAVID KEENE 570-419-2779 WITH ANY QUESTIONS.



Williamsport Detachment #388 Marine Corps League Community Fitness Challenge

The Williamsport Detachment #388, Marine Corps League is offering you an opportunity to challenge yourself to get fit and stay healthy through the Fall and Winter. If you are daring and willing to get fit and healthy, we challenge you to participate on our 500-mile fitness challenge. The goal is simple you have 6 months, between October 1, 2025 – March 31, 2026 to walk, run, or ambulate any way you can and complete 500 miles of physical movement activity. You just move every day over the next 6 months. Then keep track of your miles on a calendar, a fitness tracking app, or a journal. Once completed just show us your progress between 9am and 2pm on Saturdays during the month of April at 507 Cemetery Street, Williamsport, PA 17701. To enter this Fitness Challenge, you just need to complete this application form and send us your check for \$35.00. You will receive a Fitness Challenge T-shirt in the size you provide us on this application form once you have recorded your completed your 500 mile challenge with us. Applications and entry fees need to be received by September 26, 2025. Please make your check for \$35.00 payable to. "Williamsport Det. #388 Marine Corps League." And mail it to 507 Cemetery Street, Williamsport PA 17701 Williamsport, PA 17701. To download additional forms please go to our activities page of our website. <https://mcl388.org/activities.html>.

Name: _____ Age: _____

Address: _____

City: _____ State: _____ Zip: _____

E-mail: _____ Phone: _____

T-shirt size: Please circle your size: Adult: small, medium, large, x-large, xx-large, xxx-large, xxxx-large

Child: small, medium, large, x-large

Please Sign below and date if you agree to participate in this Fitness Challenge:

Signature: _____ Date: _____

Waiver of Liability:

(If you are under the age of 18, this form must be signed by you as the participant AND by your parent or legal guardian.)

I know that participating in the Williamsport Detachment #388 Marine Corps League 500 mile Fitness Challenge could be a potentially hazardous activity and I should not enter and participate unless I am medically able and properly trained. I acknowledge and assume any and all risks associated with this event including, but not limited to, falls, and the condition of the terrain I will be participating on, inclement weather, and objects on the terrain or possible uneven surfaces I will be using. Knowing and appreciating these risks and in consideration of your acceptance of my entry, I hereby for myself, my heirs, representatives or anyone else claiming on my behalf, covenant not to sue, and waive, release, and discharge The Williamsport Detachment #388 Marine Corps League, its volunteers, and sponsors, and anyone else acting for or on behalf of the Williamsport Detachment #388 Marine Corps League, 500 mile Fitness Challenge from any and all claims of liability for death, personal injury, or damage of any kind arising out of my participation in this Fitness Challenge. This Acknowledgement of Risk and Waiver of Liability extends to all claims of every kind whatsoever.

By signing the Acknowledgement of Risk and Waiver Liability I hereby acknowledge and represent: (a) that I have read this document in its entirety, understand it, agree to it and sign it voluntarily

Participant Signature: _____ Date: _____

PARENT OR GUARDIAN'S AUTHORIZATION FOR MEDICAL CARE AND CONSENT AGREEMENT

I certify that I am the parent or legal guardian of the above-named participant in the ACTIVITY. On behalf of myself and my spouse, partner, co-guardian or any other person who claims the participant as a dependent, I have read the above agreement, I understand the contents of this Acknowledgement of Risk and Waiver of Liability, assent to its terms and conditions, and sign this Acknowledgement of Risk and Waiver of Liability of my own free will. I acknowledge that my dependent and I have agreed to the terms and conditions of my dependent's participation in the ACTIVITY, and I hereby give my consent to participation by my dependent in the ACTIVITY, and to receive medical treatment determined to be necessary. I further agree to hold harmless, indemnify and defend the Williamsport Detachment #388 Marine Corps League from and against all claims, demands or suits that my dependent has or may have.

Parent or Guardian Signature: _____ Date: _____



Hometown Heroes Ceremony

**November 15th, 2025
10:00 a.m.**

**St. Marks Lutheran Church
142 Market Street
Williamsport**

**Banners will soon be hung along Via Bella
Pictures and maps will be
available in the VA office
after 11/16/25
M-F 9-4**



Lycoming County Annual Veteran Parade

Hoodies and Crewneck Sweatshirts

Crewnecks

S-XL - \$15.00
2XL - \$18.00
5XL - \$21.00

Hoodies

S-XL - \$18.00
2XL - \$22.00

Available at :

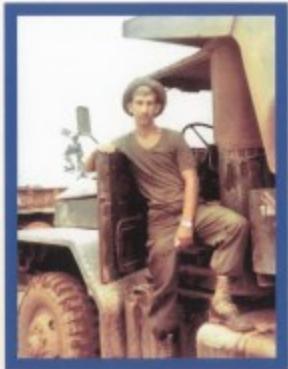
Veterans Affairs
33 West Third Street, Williamsport

(or ask a member of the Parade Committee)



Letters From Long Binh Vietnam

1968-1969



Harry Joseph Grafius

Letters From Long Binh Vietnam

Letters From Long Binh, Vietnam is a compilation of the letters Harry Joseph Grafius wrote home to his family members during his year of duty in Vietnam, 1968-1969, courtesy of the United States Army. As a member of the 20th Engineer Brigade, of the 169th Engineer Battalion, Company C and later of the 43rd DT, Joe maneuvered dump trucks on the Prep at corner to remove.
MSD 0000025-545
211020061-17-500P-10 while he was based on Long Binh Post

20th Engineer Brigade



ISBN 979-8-31-752728-0

9 7898317 527280

To order an
autographed copy
contact
Joe Grafius, author.
\$20
Call : 570-777-0957

Mr. Grafius started working on this in 2018 when he found letters his Mom saved from his time in service. He used them to make a chronological timeline. These are his memories.

The book is also for sale at Otto's Bookstore in downtown Williamsport.

\$1.00 from each purchase goes to the VetCenter.



Together
VFW Riders
and
Hometown Heroes
were able to help a
local veteran's
widow with a
roofing problem.

Summer 2025

PRIMARY COUNTIES

- LYCOMING
- CLINTON
- TIOGA
- POTTER
- CAMERON

NEED A HELPING HAND?



IF YOU ARE A VETERAN,
ACTIVE DUTY MILITARY,
OR FAMILY MEMBER
RESIDING IN
LYCOMING, CLINTON,
TIOGA,
CAMERON OR POTTER
COUNTY AND NEED HELP
WE ARE HERE TO LEND A
HAND!!

VFW RIDERS GROUP DIST 15-PA
HAS A MISSION TO HELP LOCAL

VETERANS WITH FREE:

- * LAWN CARE * MINOR HOME REPAIR *
- * HANDICAP ACCESS MODIFICATIONS *
- * COMMUNITY RESOURCES *
- * BENEFIT INFORMATION *



CONTACT US!
VFW RIDERS GROUP
EMAIL: VFWRGDISTRICT15@GMAIL.COM

IF YOU RESIDE OUTSIDE OF THE COUNTIES MENTIONED ABOVE & NEED ASSISTANCE, PLEASE CONTACT US
SO WE CAN CONNECT YOU TO THE RESOURCES NEAR YOU

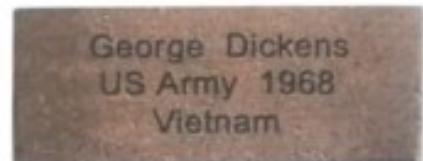
LYCOMING COUNTY VETERANS MEMORIAL PARK
WILLIAMSPORT, PA

Honor or memorialize a Veteran with a personalized brick permanently placed within the renovated walkways of the Lycoming County Veterans Memorial Park, located at West Fourth Street and Wahoo Drive, Williamsport, PA.

Select a size:

— 4" x 8" Up to 3 lines of text, gray brick
\$50 Maximum of 15 characters per line,
including letters, numbers, spaces,
and symbols.

— 12" x 12" Up to 6 lines of text, gray brick
\$200 Maximum of 15 characters per line,
including letters, numbers, spaces,
and symbols.



Please fill out 1 order form per brick. PRINT clearly with 1 character per block.

Ordered by: Name:

Please submit your order forms, along with payment to:

Address: _____

Streets and Parks Department
ATTN: Veterans Memorial Park
1550 West Third Street
Williamsport, PA 17701

Phone: _____

Email: _____

Make checks payable to: **Lycoming County Veterans Memorial Park**

Charles Calvin Roan, Sr. Marine (1951-1954)

Charles Roan was born June 30, 1931 and passed away February 18, 2025.

This information has been shared by his family.

Charles Roan was a proud Korean War Marine Veteran. He served 1 year on the front lines of Korea as a Buck Sergeant of Charlie Company, 1st Battalion, 7th Marine Division (1951-1954).

He was married to Carol Alice Drake. They would have celebrated their 71st anniversary this year. Chuck is survived by his wife, Carol and his children, Melinda Steis (Gary), Michael T. Roan (Laura), Charles C. Roan, Jr. (Denise), and 10 grandchildren and 5 great-grandchildren.

He began working for his father in the antique and auctioneering business. He was the first Veteran in PA to use the VA Bill for auctioneering school.

Over his life, he was a dedicated volunteer for local charities in PA and later in FL.

He was a member of the Korean War Veterans of Lycoming County until relocating to Florida (2010) and the Marine Corps League. He was a life member of Masonic Lodge 106, Marine Corps League, VFW, American Legion and AmVets. He served on the board of the Lycoming County Veterans Council.

In his travels he met a fellow Veteran at the AmVets club in Gastonia, NC who introduced him to the largest flying American flag in the world .

Chuck was mesmerized by this.



On the facing page is an reprint of an article written in the Web Weekly.

Chuck is memorialized on the painted wall mural near Bullfrog Brewery in Williamsport.



Remembering Chuck Roan: A dedicated Patriot and Public-spirited Citizen

By Lou Hunsinger Jr.
Webb Weekly



This Independence Day, as thousands gather in downtown Williamsport, they will be greeted by a skyline dominated by an enormous American flag. The driving force behind the effort to display this symbol of our freedom during the annual July 4 festivities was the late Chuck Roan, who passed away this past February.

“Semper Fidelis,” meaning “always faithful,” is the motto of the United States Marine Corps, which Chuck Roan proudly served in for four years, truly embodying the phrase “Once a Marine, always a Marine.” This motto could easily apply to Chuck himself.

Among all his public-spirited activities, Chuck was particularly proud of his role in bringing the world’s largest United States flag to Williamsport for display during the July 4th celebrations. In an interview I had with him about 15 years ago, he shared that this was the achievement he cherished the most.

“I get a lump in my throat and shed tears when I see that large flag displayed under highway lighting, allowing everyone to see it wave proudly,” Chuck remarked.

Chuck’s many charitable and public service contributions are also noteworthy. Over the years, he organized and conducted charity auctions for various groups, including the Trout Run Volunteer Fire Company, the Multiple Sclerosis Society, the American Cancer Society, Ducks Unlimited, Trout Unlimited, the American Red Cross, and the Boy Scouts of America. His philanthropic efforts extended to the Williamsport High School Key Club, the Junior League, Four Mile Drive Elementary School PTA, the Tressler Lutheran Group, the Salvation Army, the Women’s Medical Auxiliary, the Lycoming Historical Society, the National Rifle Association, Pennsylvania Bowhunter’s Association, and the Make-A-Wish Foundation, just to name a few.

Additionally, he raised funds for numerous organizations such as the Korean War Veterans of Lycoming County, the Muscular Dystrophy Association, Little League Baseball, Hurricane Hugo Recovery Efforts, the Marine Corps League, the Trout Run Hill Climb Association, the Veterans of Foreign Wars, the Lycoming County Veterans Council, the Trout Run United Methodist Church, and AMVETS.

“I enjoy helping people, and that’s how I got involved in charity auctions,” Chuck told Webb Weekly in a previous interview. “I have always derived great satisfaction from helping these groups raise funds to support the good work they do.”

In his professional life, Chuck was one of the area’s most well-known and accomplished auctioneers. In an episode of the television show “*M*A*S*H*,” the character Major Frank Burns stated, “When they run that flag up the flagpole, they run me up with it.” This sentiment beautifully captures Chuck Roan’s pride whenever the large flag, which he helped bring to the area, is displayed on Independence Day.

SUPPORTIVE SERVICES FOR VETERAN FAMILIES



Are you a veteran who needs help, or know someone who does?

CONTACT US

VETERANS MULTI-SERVICE CENTER
LOCK HAVEN

CALL: 844-226-0368

EMAIL: CentralPAInfo@VMCenter.org
VMCENTER.ORG



SUPPORTIVE SERVICES FOR VETERAN FAMILIES
VMCENTER.ORG

► WHO WE SERVE:

Supportive Services for Veteran Families (SSVF) is operated by the Veterans Multi-Service Center to provide supportive services to very low-income Veterans and their families who are at risk of or are currently experiencing homelessness.

► WHAT WE DO:

- **Housing** counseling and case management: identify housing options, develop a plan, help you negotiate with landlords
- **Benefits** assistance: help you obtain VA benefits and other public benefits
- **Budgeting** skills
- **Legal** assistance
- **Credit** repair assistance
- **Employment** services
- **Temporary financial assistance**, such as rental assistance, utility payment, security deposits, moving costs, emergency supplies, transportation, and child care

► WHERE WE ARE:

We serve Veterans throughout PA, DE, and NJ including the following **Central PA** counties:

- Cameron, Clinton, Lycoming, Potter and Tioga
- Centre, Mifflin, Northumberland, Snyder and Union
- Dauphin, Franklin, Fulton, Juniata and Lebanon

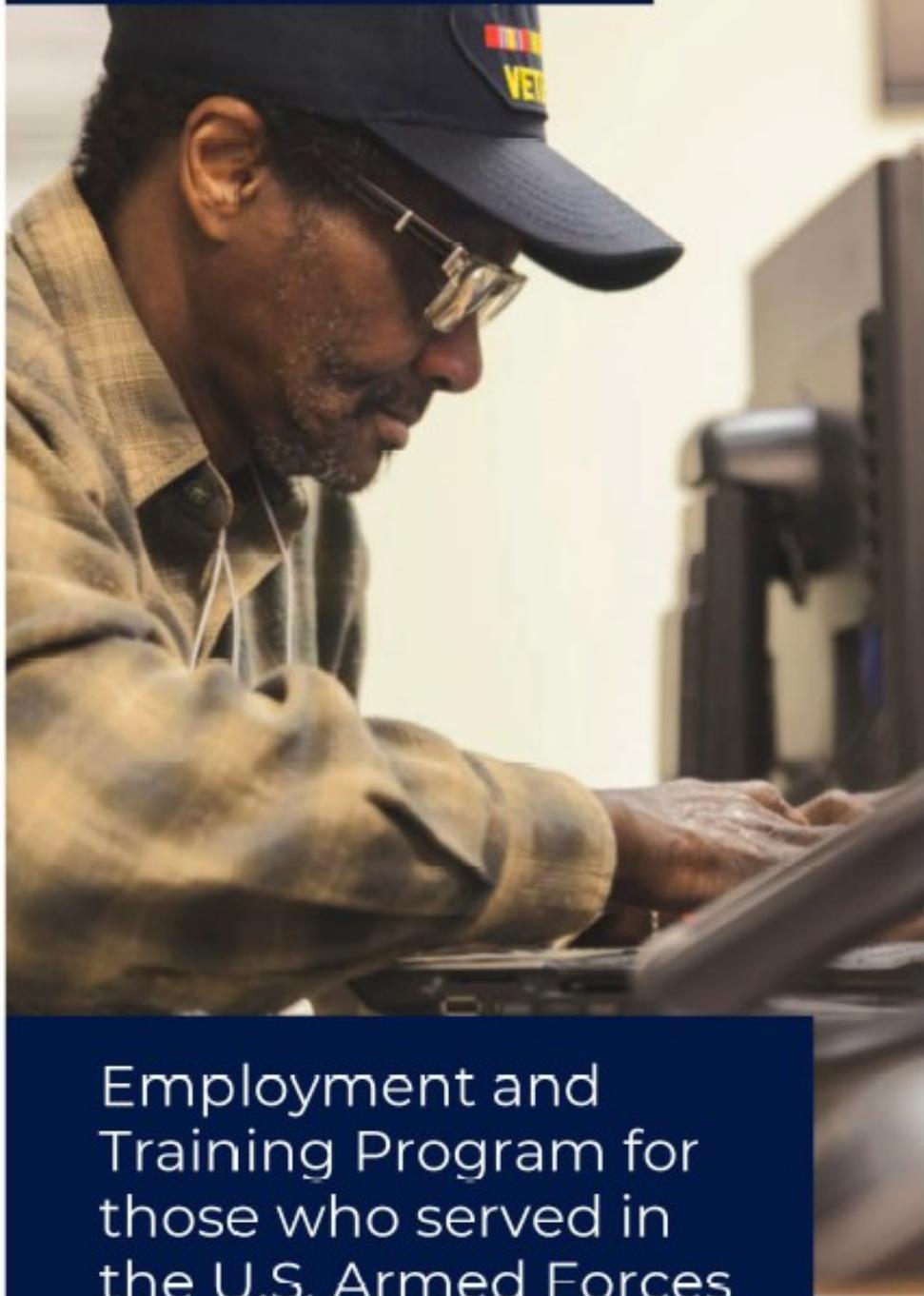


VETERANS MULTI-SERVICE CENTER

SERVING VETERANS IN LOCK HAVEN

8 N. Grove Street, Suite 2, Lock Haven, PA 17745
CentralPAInfo@VMCenter.org | 844-226-0368

HOMELESS VETERAN REINTEGRATION PROGRAM (HVRP)



Employment and
Training Program for
those who served in
the U.S. Armed Forces

CONTACT US
**VETERANS MULTI-SERVICE
CENTER**
Central Pennsylvania

CALL: 844-233-0365
EMAIL: LockHaveninfo@VMCenter.org
VMCENTER.ORG





HOMELESS VETERAN REINTEGRATION PROGRAM (HVRP)

► WHO WE SERVE:

The VMC provides employment and job training services to prior Service Members who are at risk of or are currently experiencing homelessness to include: staying with friends or family, unemployed, or recently incarcerated

► WHAT WE DO:

- **Resume** and job search assistance
- **Interview** coaching and professional clothing assistance
- **Training**, education, certification, and licensing
- **Uniforms**, tools, and job supplies assistance
- **Transportation** assistance
- **Temporary** child care assistance

► WHERE WE ARE:

We serve Veterans in Centre, Clinton, Dauphin, Franklin, Fulton, Juniata, Lebanon, Mifflin, Northumberland, Snyder and Union counties.

Lock Haven Office
8 N. Grove St., Suite 2
Lock Haven, PA 17745
Hours: Mon.-Fri. 8:30am-4:30pm
Phone: (844) 233-0368

Harrisburg Office
21 South Third Street
Harrisburg, PA 17101
Hours: Mon.-Fri. 8:30am-4:30pm
Phone: (717) 351-5148

VMC's HVRP is supported by the U.S. Department of Labor. A total of \$278,632 (100%) of the program is financed with federal funds.

VETERANS MULTI-SERVICE CENTER
VMCENTER.ORG



Please return all forms and checks to:
Lycoming County Veterans Affairs
C/O The Lycoming County Veteran's Parade Committee
48 West Third Street, Williamsport, PA 17701
Please make all Checks Payable to:
Lycoming County Veteran's Parade Committee

Dear Friends of Veterans,

Every year, a parade to honor our Veterans is sponsored by the "Lycoming County Veteran's Parade Committee". Last year the parade was held at Muncy, PA, and this year we are excited to have Montgomery host the 2025 Veteran's Day Parade on Saturday, November 8th. The parade will begin to form at 12:30pm and start at 2:00pm.

In order for the parade to continue its success, we need your support. You can help in multiple ways. First, please consider participating in the parade. Participants in the parade do not need to be Veterans. A float sponsored through your business or civic group, or even organizing a scout group to march in the parade is a fantastic way to show support to our Veterans.

The other type of support needed is financial. Please consider making a financial contribution or purchasing an ad in our program. Our Veterans have given so much to our country, and have asked for so little. Please help to honor our Veterans and demonstrate that their sacrifices are honored, recognized and appreciated through your donations. Information, including instructions and deadlines are enclosed.

Thank you for taking the time to review this letter, and we look forward to your participation and/or your financial support in this celebration.

Sincerely,

The 2025 Veteran's Parade Committee



LYCOMING COUNTY ANNUAL VETERAN'S PARADE

Saturday, NOVEMBER 8, 2025 - 2:00PM

THERE IS NO FEE FOR ENTRY INTO THE 2025 LYCOMING COUNTY VETERAN'S PARADE

Company/Organization/Club Name: _____

Mailing Address: _____

Contact Person: _____

Daytime Phone: _____ Contact E-mail Address: _____

_____ # of people in unit

Please indicate the category of your entry:

Band/Drumline Bicycles

Golf Cart/ Decorated Cart Walkers/Marchers

Vehicle: (Classic Car, Convertible, SUV) _____

Routine/Performance (Type) _____

Float Description (Height, Width, Length, etc.) _____

***NO CANDY– Lycoming County Veterans Day Parade Committee WILL NOT BE LIABLE.**

If you/ your organization do decide to hand out candy IT WILL BE your liability.

EMCEE NARRATIVE (PLEASE PRINT CLEARLY): _____

Contact Person's Signature: _____ Date: _____

Please return all entry forms to:

Lycoming County Veterans Affairs

C/O The Lycoming County Veterans Parade Committee

48 West Third Street, Williamsport, PA 17701

DUE DATE: October 31, 2025

If you have any questions please contact us at **570-502-1218**, our Facebook page at Lycoming County Veterans Parade Committee or email us at Lycovetsparade@gmail.com



The Parade starts at the Montgomery Volunteer Fire Company in Montgomery, up 2nd Street and travels along Broad Street to the American Legion Post 251

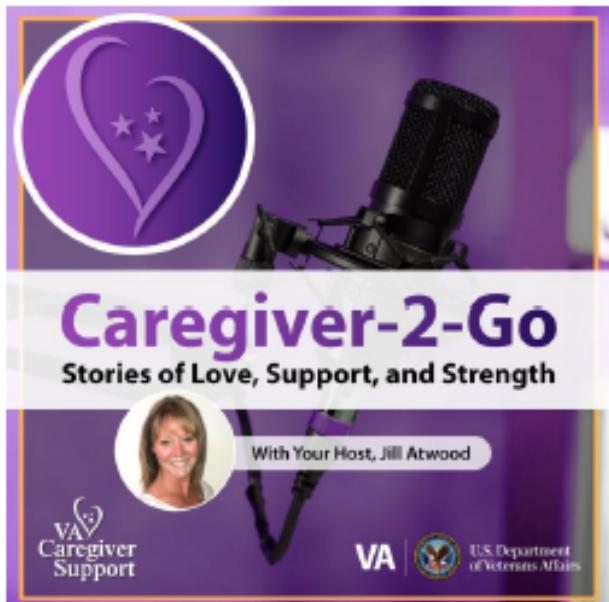
Come to watch
Or
Sign up to participate
(Deadline - October 31)

Caregiving: Refresh & Renew



Digital Flyer

Caregiver-2-Go Podcast



- Caregivers are at the heart of our CSP health care family. Their unwavering dedication to supporting Veterans inspires us all to strive for more and to be better every day. Our podcast series shines a light on these incredible individuals. We dive into the vital role of caregivers and explore the resources and support available through the Office of Caregiver Support.



U.S. Department
of Veterans Affairs

Live Whole Health.

Digital Flyer

VA Whole Health

- Whole Health is VA's approach to care that supports your health and well-being. Whole Health centers around what matters to you, not what is the matter with you. This means your health team will get to know you as a person, before working with you to develop a personalized health plan based on your values, needs, and goals.



U.S. Department
of Veterans Affairs

Caregiver Support Program

CSP Mission: Promote the health and well-being of Family Caregivers who care for our Nation's Veterans through education, resources, support and services.

Frequently Asked Questions

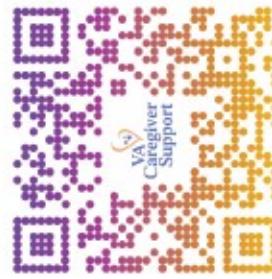
1. **What types of resources are offered by the Caregiver Support Program?** As part of our comprehensive support network, you can access group services designed to enhance your wellbeing, including Resources for Enhancing All Caregivers Health (REACH) VA, Peer Support Mentoring, Caregiver Health & Wellbeing Coaching, respite services and more.



2. **What is the difference between PGCSS and PCAFC?** While the majority of CSP services are available in both programs, PGCSS is open to all caregivers. PCAFC offers additional benefits such as access to specific mental health resources, increased access to respite benefits, and a monthly stipend for eligible Family Caregivers.

3. **Does PGCSS require an application?** There is no formal application required to enroll in PGCSS. Reach out to the facility CSP Team or request a referral from the Veteran's provider.

4. **How do I apply for PCAFC?** You have a few options to apply—
Online – Visit the PCAFC home page on our CSP website at www.caregiver.va.gov/
In person – Submit a completed VA Form 10-10CG to a member of your local CSP Team or
Mail – Send completed VA Form 10-10CG and any supporting documents to:
10-10CG Evidence Intake Center
PO Box 5154
Janesville, WI 53547-5154



<https://www.caregiver.va.gov/>



Need Help? To assist you with further instructions on how to enroll into these programs, contact the [VA Caregiver Support Line](tel:1-855-260-3274) at 1-855-260-3274.



VA

U.S. Department
of Veterans Affairs



VA
Caregiver
Support



Caregiver Support Program – About Us

The Department of Veterans Affairs (VA) understands that the caregiver community is vital to the recovery and care of Veterans. The Caregiver Support Program (CSP) offers clinical, educational, and holistic services to individuals who care for Veterans enrolled in VA health care. CSP supports anyone who provides care services to a Veteran, whether it is medicine management, grocery shopping, helping a Veteran get dressed, or full-time personal care services. Anyone who provides care to a Veteran enrolled in VA health care can participate in CSP.

CSP is a national program comprised of two subprograms: Program of General Caregiver Support Services (PGCSS) and Program of Comprehensive Assistance for Family Caregivers (PCAFC). Every VA facility has a local team, where caregivers can access a variety of national resources while receiving tailored support from their local CSP Teams.

Program of General Caregiver Support Services (PGCSS)

PGCSS is the core of CSP and provides Peer Support Mentoring, skills training, coaching, telephone support, online programs, and referrals to available resources to caregivers of Veterans. The Veteran must be a VA health care enrollee and receive care from a caregiver in order for the caregiver to participate. We refer to caregivers participating in PGCSS as General Caregivers. Learn more about PGCSS here: https://www.caregiver.va.gov/Care_Caregivers.asp

Program of Comprehensive Assistance for Family Caregivers (PCAFC)

PCAFC provides specialized services to caregivers for eligible Veterans including resources offered through PGCSS, as well as education, support, respite, mental health counseling, a financial stipend and health insurance, if eligible. Services provided through PCAFC are available for caregivers who assist eligible Veterans who have a serious injury (including serious illness) incurred or aggravated in the line of duty in the active military, naval, or air service. Caregivers participating in PCAFC are referred to as Family Caregivers. Veterans can designate a Primary and Secondary Family Caregiver. Family Caregivers must be a family member or live full-time with the Veteran. Find eligibility criteria for enrollment and how to apply for PCAFC here: https://www.caregiver.va.gov/support/support_benefits.asp.





Public Transportation Services in Pennsylvania

- **Fixed Route:** Fixed route is a bus or rail service following consistent routes and schedules. Vehicles make regularly scheduled stops to pick up and deliver passengers, with each trip serving the same origins and destinations. 49 counties have fixed route bus service.
- **Shared Ride:** Shared ride services take riders from one location, such as their home, to their destination. These services are designed to serve riders in situations where fixed route services cannot meet their needs. All 67 counties have shared-ride service.
 - Trips are scheduled at least one day prior, and vehicles are shared by multiple riders.
 - While shared ride services are open to the public, all riders must register with their local shared ride provider before booking.
- **Transportation services and program applications are managed by local providers.**

For more information,
please visit

<https://pa.gov/findmyride>



Transportation Assistance Programs

- The **Free Transit Program for Seniors** provides a pass to seniors 65 or older to ride for free on all public transportation fixed route bus services in Pennsylvania.
- **Americans with Disabilities Act (ADA) Complementary Paratransit** is for individuals who have disabilities preventing them from using fixed route service. All fixed route public transportation systems offer ADA Paratransit within 3/4 mile of a fixed route. The cost of service will not exceed twice the cost of the fixed route fare.
- The **Senior Shared Ride Program** enables seniors 65 years of age and older to use shared ride services and pay only a small portion of the regular shared ride fare.
 - PennDOT pays 85% of the full fare for seniors. Various local agencies may partially or fully cover the remaining 15% of the fare. The passenger is responsible for any remaining portion of the fare.
- The **Persons with Disabilities (PWD) Program** provides discounted shared ride service rates to persons with disabilities aged 18-64 who live/travel outside fixed route systems
 - In 66 counties, passengers pay a portion of the regular fare and the PWD program pays the remainder of the fare (up to 85%) for trips that are not eligible for any other funding source. Proof of disability is required.
- The **Medical Assistance Transportation Program (MATP)** provides non-emergency medical transportation at no cost to Pennsylvania residents who receive medical assistance and have an unmet transportation need. MATP is managed by the Department of Human Services (DHS).



American Legion Post 1

10 East Third Street Williamsport

Open for Breakfast
 Wednesday to Saturday
 8:00am to 11:30am

570-322-9198



SUICIDE WARNING SIGNS FOR ADULTS

You Are Not Alone



Risk is greater if a behavior is new or has increased, and if it seems related to a painful event, loss, or change.

- Talking about or making plans for suicide.
- Acting anxious or agitated; behaving recklessly.
- Talking about being a burden to others.
- Talking about feeling trapped or in unbearable pain.
- Increasing the use of alcohol or drugs.
- Talking about feeling hopeless or having no reason to live.
- Sleeping too little or too much.
- Withdrawing or feeling isolated.
- Showing rage or talking about seeking revenge.
- Displaying extreme mood swings.

If you or someone you know is struggling or in crisis, help is available.

Text or call 988 or chat 988lifeline.org, or reach out to a mental health professional.

988
SUICIDE & CRISIS
LIFELINE

S Spot the signs that indicate a Veteran may be thinking about suicide

The signs below may indicate that a Veteran needs help. If you or a Veteran you know is experiencing any of these, contact the Veterans Crisis Line:

- Hopelessness, feeling like there's no way out
- Anxiety, agitation, sleeplessness, or mood swings
- Feeling like there's no reason to live
- Rage or anger
- Engaging in risky activities without thinking
- Increasing alcohol or drug use
- Withdrawing from family and friends

The signs below require immediate attention. If you or a Veteran you know is experiencing any of these and needs medical attention, call 911 now:

- When asked, they express a desire to hurt or kill themselves
- When prompted, they reveal they're looking for ways to die by suicide
- They talk about death, dying, or suicide
- They begin to exhibit self-destructive behavior, such as increased drug or alcohol use, talking about obtaining/using weapons for self-harm, or saving up medication

A Ask the critical question: "Are you thinking of killing yourself?"

Other ways to ask the question include: "Are you thinking of suicide?" or "Have you had thoughts about taking your own life?"

When asking the question, remember:

- **DO** ask the question if you've identified warning signs
- **DO** ask the question in such a way that's natural and flows with the conversation
- **DON'T** ask the question as though you're looking for a "no" answer ("You're not thinking of killing yourself, are you?")
- **DON'T** wait to ask the question until they're halfway out the door

V Validate the Veteran's experience

Use the following steps to let the Veteran know you're listening and acknowledge their experience:

- Talk openly about suicide. Be willing to listen, allow the Veteran to express their feelings, and make supportive, encouraging comments.
- Recognize the situation is serious
- Don't pass judgement

E Encourage and support next steps with the Veteran

If a Veteran is having thoughts of suicide, remain calm and reassure them help is available:

- **DON'T** keep the Veteran's suicidal behavior a secret
- **DON'T** leave them alone
- Try to get the Veteran to seek immediate help from their doctor or the nearest hospital or emergency room
- Call 911

Safety is Important

Never negotiate with someone who has a gun. Get to safety and **call 911**. If the Veteran has taken pills, cut themselves, or has done harm to themselves in some way, **call 911**.



Chat at VeteransCrisisLine.net/Chat • Text 838255

The Veterans Crisis Line isn't just for Veterans. Our responders can connect Veterans' families and friends with helpful resources.

https://careers.swifttrans.com/driver-jobs/veteran-hiring/?utm_campaign=Student_Google-Brand-VeteranRecruitment_Mobile_V1_XX&source=SwiftLe...

SWIFT JOIN SWIFT'S DRIVING FORCE

844-802-9474 REQUEST INFORMATION APPLY NOW

ASK ABOUT OUR VETERAN OPPORTUNITIES



YOUR MILITARY SERVICE, REWARDED

APPLY TO THE JOB

FIRST NAME

LAST NAME

EMAIL ADDRESS

PHONE NUMBER

CLASS A DRIVING EXPERIENCE ▾

NEXT

OR PREQUALIFY NOW

OR APPLY NOW

SWIFT JOIN SWIFT'S DRIVING FORCE

844-802-9474

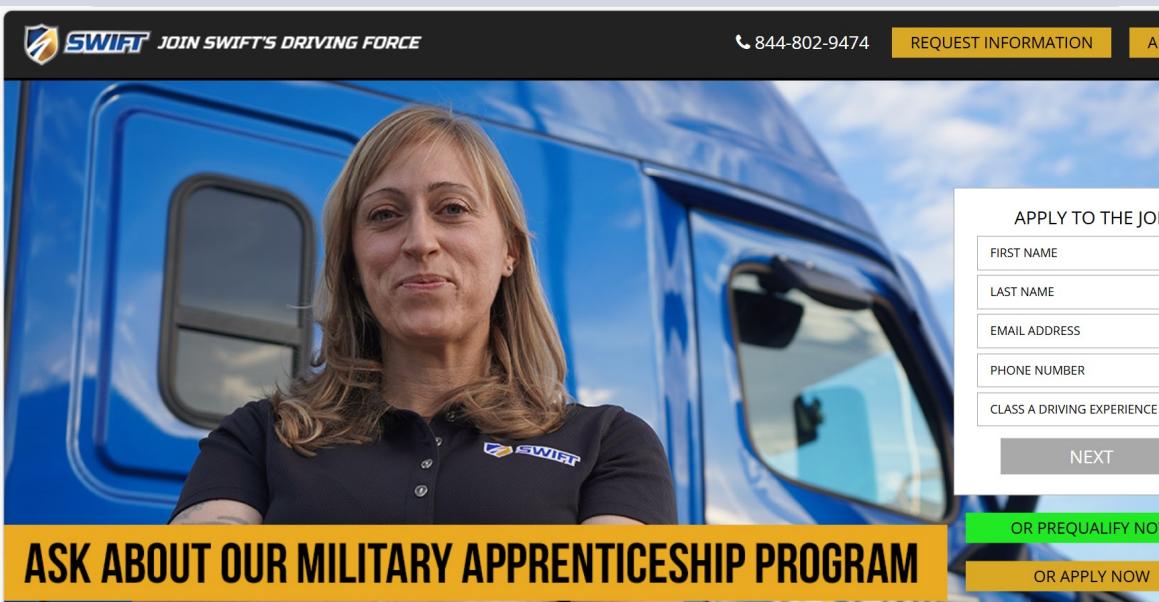


VETERAN CLASS A CDL TRAINING AVAILABLE

Visit
www.swifttrans.com/veterans

SWIFT JOIN SWIFT'S DRIVING FORCE

844-802-9474 REQUEST INFORMATION AP



ASK ABOUT OUR MILITARY APPRENTICESHIP PROGRAM

APPLY TO THE JOB

FIRST NAME

LAST NAME

EMAIL ADDRESS

PHONE NUMBER

CLASS A DRIVING EXPERIENCE

NEXT

OR PREQUALIFY NOW

OR APPLY NOW



**Join Us for the 2025
Veterans Day Parade
Saturday, November 8, 2025
At 2pm in Montgomery**



VETERANS DAY



SLAAY

SUSQUEHANNA LEGAL AID FOR ADULTS AND YOUTH

2025 Resources for Military and Veteran Taxpayers

Tax Filing-MilTax or IRS Partners

What is MilTax?

"The Department of Defense provides MilTax as a free tax resource for the military community. MilTax is a suite of tax services available for members of the military, as well as qualifying veterans and family members. There are no income limits. MilTax includes tax preparation and electronic filing software, personalized support from tax consultants and current information about filing taxes. It's designed to address the realities of military life – including deployments, combat and training pay, housing and rentals and multistate filings. Eligible taxpayers can use MilTax to electronically file a federal tax return and up to three state returns for free."

Source: <https://www.irs.gov/newsroom/free-online-tax-help-for-military-members-and-their-families>

Eligibility for MilTax

1. Eligible for all Military OneSource services:

- Active duty service members of the Army, Marine Corps, Navy, Air Force and Space Force.
- Active-duty immediate family members, including spouses, children and anyone who has legal responsibility for the service member's children during separation for the child's benefit.
- National Guard and reserve service members regardless of their activation status.
- Immediate family of National Guard and reserve service members, including spouses, children and anyone who has legal responsibility for the service member's children during separation for the child's benefit.
- Coast Guard members who are activated as part of the Department of the Navy under Title 10 authority, as well as their family members.
- Survivors (surviving spouses who have not remarried and children) of active-duty, National Guard and reserve service members (regardless of activation status or cause of service member's death).
- Medically discharged service members and their immediate family members currently enrolled in their service branch's wounded warrior or seriously ill and injured program.
- Immediate family, caregivers and parents of wounded warrior or seriously ill or injured service members, including spouses, children and anyone who has legal responsibility for a service member's children during separation, for the benefit of the children.
- Retired service members and their immediate family members until 365 days past end of tour of service, retirement date or discharge date.
- Discharged service members (if discharged honorably) and their immediate family members until 365 days past end of tour of service, retirement date or discharge date.

Veterans Multi-Service Center



8 North Grove St., Ste 2
Lock Haven, PA 17745
Monday-Friday 8:30am - 4:30pm
(844) 226-0368

Who We Serve

Serving Those Who Served - eligible veterans, service members, and their families seeking support with housing, benefits, and overall stability.

Where We Serve

Serving PA Counties: Cameron, Centre, Clinton, Juniata, Lycoming, Mifflin, Northumberland, Potter, Snyder, Tioga, & Union

Services Provided

- Temporary Financial Assistance for Housing
 - VA Benefits Navigation
 - Case Management
 - Financial Counseling
 - Legal Services Referrals
 - Community Resource Referrals
 - & More!

Stop by, call or visit www.VMCenter.org to learn more about what we offer!



HOW COMMON IS PTSD?

PTSD (posttraumatic stress disorder) can occur after you experience a traumatic event, like an accident, natural disaster, physical or sexual assault, or combat.



About **70%** of people (7 out of 10) worldwide will experience at least one traumatic event in their lifetime.

Most people who experience a traumatic event will not develop PTSD...

PTSD IN THE UNITED STATES

About **6%** of adults will have PTSD at some point in their lives.



PTSD is more common in women than men, in part because of the types of traumatic events women are more likely to experience, like sexual assault.



About **8%** of women will have PTSD at some point in their life.



About **4%** of men will have PTSD at some point in their life.

*We are learning more about trauma and PTSD among transgender and non-binary individuals.

PTSD IN VETERANS



Veterans are more likely to have PTSD than civilians.



Hispanic and Black Veterans are more likely to have PTSD at some point in their lives relative to white Veterans.



Veterans who deployed to a war zone are slightly more likely to have PTSD than those who did not.



Veterans who identify as LGBTQ+ are more likely to have PTSD and risk increases with time in the military.

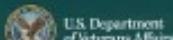
PTSD treatment works. If you or a loved one has been diagnosed with PTSD, you are not alone. Learn about treatment options: www.ptsd.va.gov



If you've experienced a traumatic event, a 5 question self-screen can help you decide if your feelings and behaviors may be related to PTSD. Get started at ptsd.va.gov/screen

DATA USED FOR THIS INFOGRAPHIC ARE BASED UPON THE FOLLOWING SOURCES:

- Kessler, R. C. et al. (2017). <https://doi.org/10.1080/200008198.2017.1353383>
- Goldstein, R. B. et al. (2016). <https://doi.org/10.1007/s00127-016-1208-5>
- Merians et al. (2023). <https://doi.org/10.1016/j.jpsychires.2023.03.005>
- Chang et al. (2023). <https://doi.org/10.1016/j.jpsychires.2023.03.042>



WHAT IS PTSD?

Posttraumatic stress disorder, or PTSD, is a mental health concern that some people develop after they see or experience a traumatic event.



6%

of the U.S. population will have PTSD at some point in their lives.



What it's like to have PTSD may be different for everyone. There are four types of PTSD symptoms.



Reliving or re-experiencing the event

- Nightmares
- Flashbacks
- Triggers



Avoidance

- Avoiding Crowds
- Avoiding certain smells, sights, or sounds
- Avoiding talking or thinking about the event



Negative changes in beliefs and feelings

- Losing interest in things you used to enjoy
- Feeling guilty or ashamed
- Unable to trust others

Do you have PTSD Symptoms?

- Answer 5 questions to see if your thoughts and feelings are related to PTSD: www.ptsd.va.gov/screen
- Learn about and compare effective treatment options using the PTSD Treatment Decision Aid: www.ptsd.va.gov/decisionaid
- Explore the National Center for PTSD website for information, videos, and tools to help manage PTSD: www.ptsd.va.gov



U.S. Department
of Veterans Affairs



State Rep. Jamie Flick

Join Me For A

VETERANS BREAKFAST



Thursday, Nov. 13, 8-10 a.m.

American Legion Post 1

10 East Third St., Williamsport, PA 17701

Veterans and their families are invited to meet with me while enjoying a complimentary breakfast and listen to featured guest speaker Natalie Steppe, Director of Lycoming County Department of Veterans Affairs. Reservations are encouraged but they are not required. They can be made by calling 570-321-1270 or online at RepFlick.com/Events.

RepFlick.com | Facebook.com/RepFlick

FEATURED GUEST SPEAKER:
Natalie Steppe



Health Care Eligibility Guidelines

Character of Service:

Honorable Discharge or discharged or released under conditions other than dishonorable may qualify for VA healthcare benefits.

Activated for combat duty? (will help with priority group)

National Guard or Reserve – must have active duty other than just training time.

Income: (Yearly)

Income is less than \$41,125 (unmarried/widowed veteran)

Income is less than \$49,343 (married veteran) – both incomes combined

If income is over, deduct any recurring medical expense, if any

2,831 for each additional dependent

Length of service:

Before 1980, no requirement for length of service

After 1980, must have served 24 consecutive months (or, if less, must be discharged “at the convenience of the government”)

Eligibility is automatic if:

You were discharged or separated for medical reasons, early out, or hardship

You served in theater of combat operations within the past 6 years

You were discharged from the military because of a disability (not preexisting)

You are a former prisoner of war

You received a Purple Heart Medal

You receive VA pension or disability benefits

You receive state Medicaid benefits

Did you serve in a combat Theater of operation after 11/11/1998

Did you serve in SW Asia during the Gulf War between August 2, 1990 and November 11, 1998

Do you have a VA Service-connected Rating

Did you serve in an agent Orange Location between January 9, 1962 and July 31, 1980

Did you serve in an ionizing Radiation location and participate in any nuclear testing treatments or clean up?

Did you Receive Nose and Throat radium treatments while in the Military?

Did you serve on active Duty at least 30 days at Camp Lejeune from August 1, 1953 through December 31, 1987

VA Healthcare Eligibility Range

Select your 2024 Yearly household income range

Here's what you may be eligible for: \$22,216 or Less

- Free VA health care for most types of care (like outpatient primary care, outpatient specialty care, and inpatient hospital care)
- Free prescription medicines

Travel reimbursement (meaning we'll pay you back for the cost of travel to and from health care appointments)

Here's what you may be eligible for: \$22,217-\$50,583

- Free VA health care for most types of care (like primary care, outpatient specialty care, and inpatient hospital care)

Prescription medicines with copays

Here's what you may be eligible for: \$50,584-\$55,400

- VA health care with copays for most types of care (like primary and outpatient specialty care) and reduced copays for inpatient hospital care

Prescription medicines with copays

Here's what you may be eligible for: \$55,401 - \$60,940

- VA health care with copays for most types of care (like primary care, outpatient specialty care, and inpatient hospital care)

Prescription medicines with copays

\$60,941 or More

You may not be eligible for VA health care based on your income. But you may still be eligible based on factors like your VA disability rating or service history. We can connect you with mental health care—no matter your discharge status, service history, or eligibility for VA health care.

Call our Office for Details **570-327-2365**

For Veterans who are homeless
or at risk of becoming homeless,



VA IS HERE
TO HELP.

Jim, formerly homeless Veteran
Served 2004-2011

Help for Homeless Veterans

877-4AID-VET

va.gov/homeless | (877) 424-3838



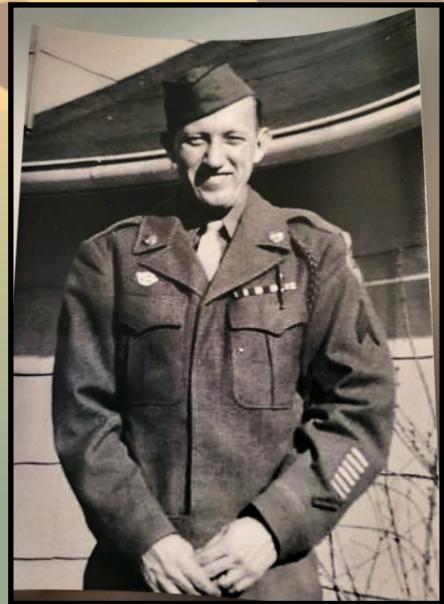
U.S. Department
of Veterans Affairs

Hello from Judith Shellenberger,
Festival Chairman,

I am writing to you because in this concert, we are honoring veterans with a musical remembrance of the 80th year ending of WW II.

We would like to honor all veterans.

This is a free concert at the Williamsport Area High School Auditorium on Sunday, October 12th at 1:30.



There are 104 musicians from all over the country that are here in Williamsport.



I hope many veterans and their families can attend.

My father, Lyman Baker (from Lock Haven) landed on Omaha Beach on D-Day and my mother, Shirley Baker was a WAVE stationed on Treasure Island. She worked in communications and decoded messages. (in photo, seated against window talking to an officer) This anniversary means a lot to me.

Sincerely,
Judith Shellenberger

Member of Bugles Across America and Taps for Veterans, performing "Taps" for Veterans.

Past President of the Association of Concert Bands, Life and International Member Chair

Business Manager and 61-year member of the Repasz Band (EST: 1831, Williamsport PA) Director of the "Encores", Williamsport's New Horizon's Band





Fourteenth Annual Festival Concert

Hosted by the Repasz Band

EST: 1831, Williamsport, PA

Honored Guest Conductor

Anthony J. Maiello



Williamsport Area High School Auditorium

2990 West Fourth Street, Williamsport, PA

Sunday, October 12th 1:30 PM * Free Admission



Phone Numbers for Each Home



Pennsylvania
Department of Military
and Veterans Affairs

Delaware Valley Veterans' Home

Main: 215-856-2700
Admissions Office: 215-856-2718
Volunteer Office: 215-856-2846

Gino J. Merli Veterans' Center

Main: 570-961-4300
Admissions Office: 570-961-4348
Volunteer Office: 570-961-4380

Hollidaysburg Veterans' Home

Main: 814-696-5201
Admissions Office: 814-696-5352
Volunteer Office: 814-696-5371

Pennsylvania Soldiers' and Sailors' Home

Main: 814-871-4531
Admissions Office: 814-878-4939
Volunteer Office: 814-878-4961

Southeastern Veterans' Center

Main: 610-948-2400
Admissions Office: 610-948-2406
Volunteer Office: 610-948-2418

Southwestern Veterans' Center

Main: 412-665-6706
Admissions Office: 610-665-6782
Volunteer Office: 412-665-6790

We Serve Those Who Have Served



Pennsylvania
Department of Military
and Veterans Affairs



PA Soldiers' & Sailors' Home



Hollidaysburg Veterans Home



Gino J. Merli Veterans Center



Southwestern Veterans Center



Southeastern Veterans Center



Delaware Valley Veterans Home

Veteran Community Care

Billing and Payments

As with other VA care, under the VA MISSION Act, Veterans may need to pay a copayment for care for nonservice-connected conditions when receiving care from a community provider.

Veteran Copayments and Health Insurance

After receiving care from a community provider, Veterans may have to pay a copayment for nonservice-connected care, just as they would if they received care at a VA medical facility. For urgent care furnished under a separate benefit, copayments depend on the Veteran's assigned priority group and the number of times he or she visits an in-network urgent care provider in a calendar year.

Copayments are not paid out-of-pocket at the time the eligible Veteran receives care. All VA copayments are billed as part of VA's normal billing process.

VA may also bill a Veteran's other health insurance for care for nonservice-connected conditions. More information about VA copayments and health insurance is available on VA.gov from the links below:

- **Copayments:**

https://www.va.gov/COMMUNITYCARE/revenue_ops/copays.asp

- **Health Insurance:**

https://www.va.gov/COMMUNITYCARE/programs/veterans/Health_Insurance.asp

- **Billing/Making Payments:**

https://www.va.gov/COMMUNITYCARE/revenue_ops/billing.asp

- **Financial Hardship:**

https://www.va.gov/COMMUNITYCARE/revenue_ops/Financial_Hardship.asp

Release of Information for Sensitive Diagnosis

VA is no longer required to obtain written authorization from Veterans to bill their health insurance companies for health care related to a sensitive diagnosis, which includes drug or alcohol use, alcoholism, HIV/HIV testing, and sickle cell anemia. VA has provided notice of this change, which the Department began implementing on January 28, 2019, to Veterans whose requests not to bill their other health insurance for these particular conditions were granted.

Sensitive diagnosis information may be included in a claim or in copies of a Veteran's medical record.

Adverse Credit Reporting

Veterans can call the VA Adverse Credit Helpline at **877-881-7618** to help resolve adverse credit reporting and debt collection issues as a result of using community care.

Community Care Claims and Payments

Community providers should refer to the terms of the applicable contract or agreement governing their provision of community care to determine requirements regarding claims and payment. The applicable contract or agreement may be directly with VA or may be with a Third Party Administrator (TPA) under contract with VA to administer portions of VA's community care program.

The status of a community care claim filed directly with VA is available in the Customer Engagement Portal (CEP) located at the following web address: <https://www.cep.fsc.va.gov> (registration required). Patient and claim identifiers are needed to locate the unique claim status information. Questions about the status of claims submitted to a TPA should be directed to the TPA.



Join Us..
*... as we welcome home over
 100 American Veterans from their
 "Tour of Honor" in Washington, D.C.*



Hug a Vet ! Thank a Vet !
*...for the freedoms
 they preserved for us !*



Sunday, October 11, 2026

**Pennsylvania College of Technology
 One College Ave.
 Williamsport, PA 17701**

Arrival time is 4:00PM

(come early to enjoy the pre-arrival food and fun)

For Additional Information:

Laura: 570-419-2355 bluestarmothers@honorflightphiladelphia.org

www.honorflightphiladelphia.org

This event is open to the public at No Cost.





Veteran Application 2026

(Remember to sign the last page agreement)

PLEASE PRINT LEGIBLE



Honor Flight Philadelphia and Blue Star Mothers recognizes our veterans for their sacrifices and achievements by taking our veterans to Washington, DC to see their memorial, as our guests.

Top priority is given to terminally ill veterans from all wars.

So that Honor Flight Philadelphia may help ensure a safe, memorable and rewarding experience, guardians travel with the veterans on every trip providing assistance and support. For what you and your comrades have given, please consider this a small token of our appreciation from all of us at Honor Flight Philadelphia and Blue Star Mothers.

For further information, please contact

Laura 570-419-2355 or bluestarmothers@honorflightphiladelphia.org

Your Name: _____

Nickname: _____

Address: _____

City: _____ County: _____ State: _____ Zip: _____

Phone: Primary _____ Phone: Cell _____ Phone _____

Email: _____ Birthday: _____ Weight: _____ Shirt Size: _____

How did you hear about Honor Flight Philadelphia? _____

Service History

Branch of Service: _____ Rank: _____ Dates of Service: _____

Country(ies) Where You Served: _____

Activity during wartime: _____

Family/Friend Contact - NOT YOUR SPOUSE

Name: _____ Phone: Primary: _____

Address: _____ Email Address: _____

City: _____ State: _____ Zip: _____

Spouse Contact

Name: _____ Phone: Primary: _____

Email: _____

(Remember to sign the last page agreement)



2026 Volunteer Application for Honor Flight **PLEASE PRINT LEGIBLE**



Honor Flight would not be successful without the dedicated help provided by the volunteers. Assistance is required from office management and clerical support to day of event assistance that aids the veterans both at the beginning and at the end of each trip. Please consider the wide range of opportunities – every little bit helps!

NAME: _____ DATE: _____

ADDRESS: _____

CITY: _____ STATE: _____ ZIP: _____

PHONE: Daytime: _____ Evening: _____ Mobile: _____

E-MAIL ADDRESS: _____ Age: _____

OCCUPATION: _____ ARE YOU A VETERAN? Yes No
(Please Circle)

If you were a veteran, please indicate which BRANCH of service, along with WHEN and WHERE you served:

1. How did you learn about Honor Flight? _____
2. Please list any prior volunteer experience: _____
3. There are several volunteer opportunities. Please indicate all areas of interest to you:

ADMINISTRATIVE ASSISTANCE

- Administrative Support
- Graphic Support
- Photographic and/or Video Support

If needed, would you be interested in traveling to Washington D.C. on the day of the trip either as a volunteer or as a guardian?

Yes: _____ No: _____

Shirt Size: _____

SPECIAL EVENTS

- Event Planning
- Fundraisers

Emergency Contact:
Name: _____

Phone Number: _____

TRIP SUPPORT

- Contact Veterans and/or Guardians
- Ground Transportation
- Departure and/or Return Assistance Shifts: 3:00AM-9:00AM _____ 4:00PM-8:00PM _____
- Guardian (Completed separate application required)
- Medical

"Please let us know if you are available the day before and/or day after to help pack the veterans goodie bags"

Send completed form by MAIL to:
Honor Flight Philadelphia, P.O Box #003, Broomall, PA 19008

For more information please contact: Laura: 570-419-2355
bluestarmothers@honorflightphiladelphia.org



Restless Oaks Restaurant, 119 Pine Mountain Rd, McElhattan, PA

VETERANS, COME ONE, COME ALL TO THE MONTHLY VETERAN'S BREAKFAST.

When: 1st Saturday of EVERY month 9:00 AM

Where: Restless Oaks Restaurant,
119 Pine Mountain Road, McElhattan

WHY: To have a great breakfast, at your expense, and
spend time with other Veterans.

**RSVP to make sure we have enough seats at the table for everyone. Text or
call 570-660-6881 by Thursday before Saturday breakfast.**



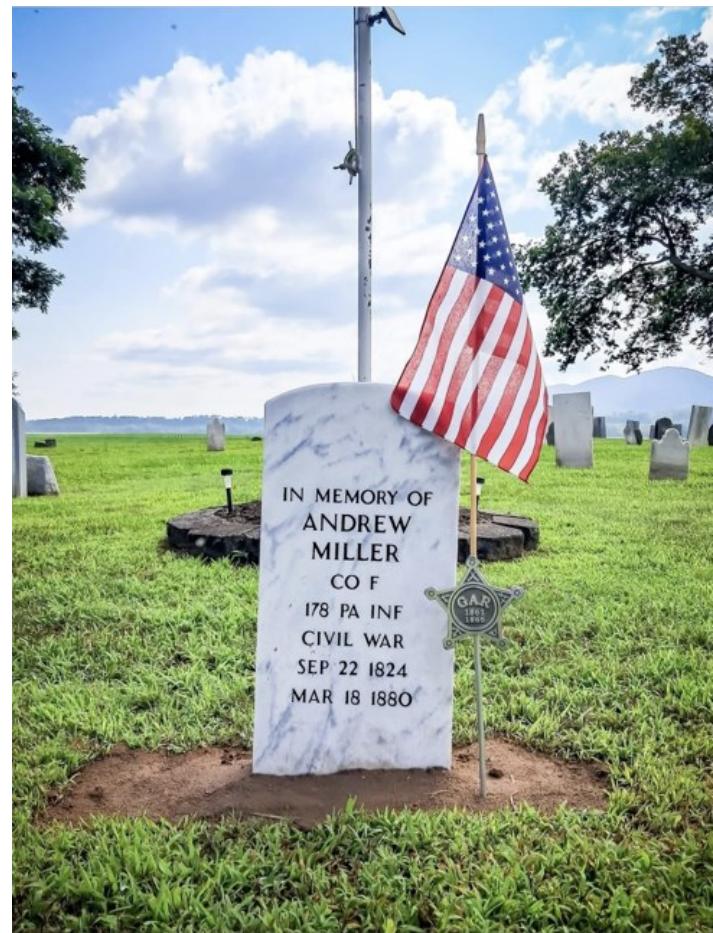
Coordinated by Heroes & Horses

On July 21, 2025

Fort Antes Chapter of Daughters of American Revolution placed a memorial headstone at Pine Creek Cemetery (in Jersey Shore) for Andrew Miller, a Civil War Veteran.

Andrew Miller was a member of Company F of the Pennsylvania 178th drafted militia. The unit was organized in Harrisburg. They were present in Newport News for their defense until 12-29-1862, they wintered in Yorktown, VA. The 178th saw such places as Bottoms Bridge, Chickahominy, and Richmond before being mustered out in Washington, D.C.

Andrew was murdered by his wife's lover, George Smith, on March 18, 1880. He left behind 3 daughters, all below the age of 10. Catherine Rush Miller and George Smith were hung for their crimes at the Lycoming Jail in Williamsport.





Andrew, having nothing left to his name and no other family was laid to rest in a pauper's grave in the Pine Creek Cemetery shortly after his death.



Fort Antes Daughters of the American Revolution (DAR) are honored to be able to dedicate a memorial headstone to allow Andrew to finally be recognized for his service in the Civil War.

The Lycoming County Korean War Veterans Honor Guard performed taps and 21-gun salute to honor Andrew.

Coffee with a Veterans Service Officer

Lycoming County Veterans Affairs
33 West Third Street, Williamsport
2nd floor

9:00 am– 4:00 pm
Last Wednesday of Every Month

Oct 29 * Nov 26 * Dec 31



Scholarships For Veterans Dependents

Air and Space Forces Association (ASFA)

Scholarships are provided to Airmen, Guardians, their spouses, and their children to help fund college, flight school, dental school, Arnold Air Society and Silver Wings, and certain universities.

www.afa.org/scholarships

Air Force Aid Society-General Henry H. Arnold Education Grant Program

The Hap Arnold Grants are awarded to selected sons and daughters of Active Duty, Title 10 AGR/Reserve, Title 32 AGR performing full-time active duty, retired, retired Reserve, and deceased Air Force members for full-time undergraduate studies.

afas.org/haparnoldgrant

American Legion

The American Legion offers a number of scholarships and other resources to assist young people in their pursuit of higher education.

www.legion.org/scholarships

American Legion Auxiliary

The Auxiliary supports various scholarship programs that benefit Veterans, the descendants of Veterans, and The American Legion Family.

www.legion-aux.org/Scholarships

AMVETS (American Veterans)

AMVETS offers scholarships/grants to our nation's Veterans, active duty, Guard and Reserves; their spouses as well as their children and grandchildren.

www.amvets.org/scholarships

Army Aviation Association of America (AAAA)

The Scholarship Foundation, Inc. provides scholarship grants to the children and grandchildren of its members and deceased members who sought college-entry financial aid, as well as members who seek further education, spouses, and unmarried siblings.

www.quad-a.org/scholarship

Association of the United States Army (AUSA)

AUSA offers scholarships for Premium Members, Association Members, and their dependents (to include children, spouses, and grandchildren).

www.ausa.org/scholarships

Association of the United States Navy (AUSN)

AUSN offers scholarships to students entering or already participating in an undergraduate program or accredited vocational/technical institution.

ausn.org/scholarship-program

Blinded Veterans Association (BVA)

BVA offers scholarships to spouses, dependent children, and grandchildren of blind and low vision Veterans to assist them with their higher education tuition.

bva.org/programs/scholarships

Chief Warrant Officers Association of the US Coast Guard (CWOA)

CWOA Scholarship Grant offers a monetary grant for an accredited institution of higher learning to dependent children of members in good standing or who were members in good standing of the CWOA, United States Coast Guard at the time of their death.

www.cwoauscg.org/scholarships

Children of Fallen Patriots Foundation (CFPF)

CFPF provides college scholarships and educational counseling to military children who have lost a parent in the line of duty, including casualties from combat, training, illness, and suicide.

www.fallenpatriots.org

Commissioned Officers Association of the US Public Health Service (COA/USPHS)

COA/USPHS offers a scholarship program to high school students sponsored by a member in good for pursuit of a career that may relate to any of the Public Health Service professional categories (e.g., physician, dentist, nurse, engineer, etc.).

www.phscof.org/scholarships/family-member-scholarships

Fleet Reserve Association (FRA)

The FRA Education Foundation offers up to \$5,000 scholarships to deserving students pursuing trade school, community and four-year college, and graduate degrees.

www.fra.org/fra/Web/Events_and_Programs/Education_Foundation_Scholarships/Web/Content/FRA_Education_Foundation.aspx

Folds of Honor (FOH)

FOH provides post-secondary educational scholarships to the spouses and children of service members disabled or killed as a result of their military service to our great nation.

foldsofhonor.org/scholarships

Jewish War Veterans of the United States of America (JWV)

The JWV National Youth Achievement Program is for high school seniors who are direct descendants of members of the Jewish War Veterans of U.S.A. to finance their college education.

jwvusa.org/home-page-2/grants

Marine Corps Air Transport Association (MCATA)

MCATA awards a limited number of academic scholarships to selected dependents of qualified members.

mcata.com/Scholarship

Marine Corps League (MCL)

MCL offers scholarship grants to qualified applicants who are pursuing an undergraduate degree.

www.mcleaguelibrary.org/wp-content/uploads/2025/02/Scholarship-Application-2025MCL.pdf

Marine Corps Reserve Association (MCRA)

MCRA Education Trust provides 10 scholarships to graduating seniors of the Marine Corps Junior ROTC or Young Marine Program.

www.mcraedtrust.org

Marine Corps Scholarship Foundation (MCSF)

MCSF provides scholarships for higher education to deserving children, stepchildren, and certain grandchildren of Marines and former Marines, with particular attention being given to children whose parent was killed or wounded in action.

www.mcsf.org/apply

Military Officers Association of America (MOAA)

MOAA Scholarship Fund offers interest free loans and student grants to remove or lessen the financial burden of continuing education

charities.moaa.org/scholarship-fund/aboutSF

Military Order of the Purple Heart (MOPH)

MOPH offers scholarships to the recipient of a Purple Heart, a direct descendant of a member of the Military Order of the Purple Heart or of a Veteran killed in action or who died of wounds, or a spouse or widow(er) of a recipient of the Purple Heart.

www.purpleheart.org/ScholarshipProgram

MG James Ursano Scholarship Program and The Spouse Education Assistance Program

The MG James Ursano Scholarship assists children of army soldiers in obtaining a 4-year undergraduate degree.

www.armyemergencyrelief.org/scholarships

National Health Service Corps Scholarship Program (NHSC)

The NHSC Scholarship Program awards scholarships to students pursuing an eligible training or degree program for a primary care health profession.

nhsc.hrsa.gov/scholarships

National Veteran Business Development Council Scholarship Program

JROTC 50 State Scholarship Program provides financial assistance to Junior Reserve Officers' Training Corps (JROTC) students in all 50 states.

nvbdcjrotc.org/about-the-program

Naval Enlisted Reserve Association (NERA)

NERA provides scholarships to dependents (son, daughter, spouse) of those currently serving in the United States Armed Forces and to a spouse, child, or grandchild sponsored by a current NERA member.

www.nera.org/Public/Public/NERA_Scholarship_2024.aspx

Navy League Foundation (NLF)

NLF Awards scholarships to children and grandchildren of former members of the Sea Services and those currently serving and who are high school seniors who will attend college in the fall.

www.navyleague.org/programs/navy-league-foundation-scholarships

Non Commissioned Officers Association (NCOA)

NCOA Scholarship Fund offers assistance to dependents of NCOA members to continue their education beyond high school.

www.ncoausa.org/scholarship

Reserve Organization of America (ROA)

Henry J. Reilly Scholarship provides financial assistance for college or graduate school to members of the ROA and their children or grandchildren.

www.roa.org/page/Scholarships

The Retired Enlisted Association (TREA)

TREA scholarships are offered for the child or grandchild of a current TREA member in good standing, or of a deceased TREA member who was in good standing at the time of his/her passing.

www.trea.org

Tragedy Assistance Program for Survivors (TAPS)

TAPS Education Support Services offer scholarship information and benefits resources for military survivors to align resources and education goals.

www.taps.org/edu

United States Army Warrant Officers Association (USAWOA)

USAWOA financial awards are offered to the children (natural and adopted), grandchildren, and dependent children of members in good standing to further educational endeavors.

scholar.usawoa.org

United States Coast Guard Chief Petty Officers Association (CPOA)

The CCCAF Scholarship assists dependent children of CPOA/CGEA members in defraying expenses incurred at a university, college, or vocational school of acceptance.

Walter Gore Memorial Scholarship:
www.uscgcpoa.org/i4a/pages/index.cfm?pageid=3308

CCCAF Scholarship:
www.uscgcpoa.org/i4a/pages/index.cfm?pageid=3307

University of Maryland Global Campus (UMGC)

UMGC provides resources and guidance for navigating the world of scholarship offerings at UMGC, including the Pillars of Strength Scholarship.

www.umgc.edu/tuition-financial-assistance/scholarships

Veterans of Foreign Wars (VFW)

The VFW offers scholarship for youth in grades 6-12:

Youth Scholarship 9th - 12th:
www.vfw.org/community/youth-and-education/youth-scholarships

Patriot's Pen 6th - 8th:
www.vfw.org/community/youth-and-education/youth-scholarships

Events:

Veterans Breakfasts

Grim's Diner

5849 Warrensville Road

8:00 a.m.

2nd Monday of every month

\$8.00

Hillside Assisted Living Community

2725 Four Mile Drive

8:30 - 9:30 a.m.

1st Tuesday of every month

Free



Meetings:

40/8

2408 West Southern Ave., South Williamsport, PA

The second Wednesday of the month at 6pm.

Bill Ashton - 570-494-8932



The Disabled American Veterans Ch 47

Post 1, American Legion, 10 E. Third Street, Williamsport, PA,

6pm on the Second Tuesday of the month, on the third floor.

No current number

The Williamsport Detachment #388 of the Marine Corps League

507 Cemetery Street, Williamsport, PA

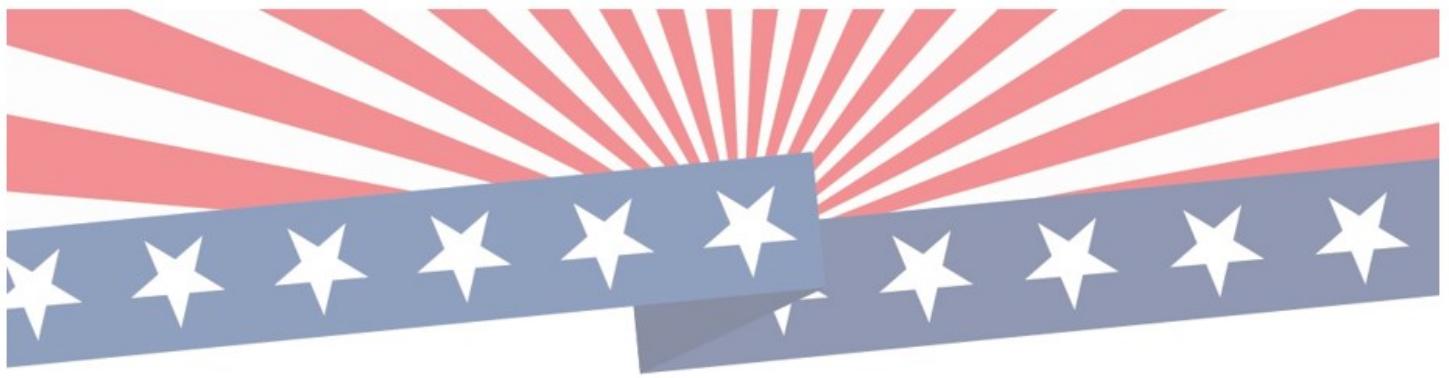
Third Thursday of the month at 6pm.

570-323-9900

Agency	Address	What they do	Phone Number
Career Link	329 Pine St, Williamsport		570 601-5465
CHAMP VA helpline			800-733-8387
DD 214s		National Archives online	314-801-0800
DFAS	This is for re-tired veterans or active duty (they retired from the Military)	Retirement pay probs Change of address Active duty pay problems W2s	1-800-321-1080
DEERS/ Rapid ID Center			910-598-6021- open, must call 570-615-7000
Tobyhanna			
Direct Deposit		To fix banking info	1-877-838-2778 1-800-827-1000
Housing		homeless	211 844-226-0368 717-818-0219
Nursing Home Help Patient Advocate			570-824-3521 Ext 27604
TriCare		Insurance for veterans that retired from the Military and their families	1-888-777-8343- overseas service line 1-800-444-5445 – Tricare East
VA # - main number for appt.		VA issues Direct deposit too	1-800-827-1000
Veteran's Center	49 E. 4 th Street Suite 104 Williamsport	Counseling Services	570-327-5281
Veteran's Clinic	1705 Warren Ave # 304, Williamsport,	Primary Care Doctors	570-322-4791 570-322-5321
Veterans Affairs Office	33 W. Third Street Williamsport	VA questions and help	570-327-2365
Wilks Barre VA phone number			570-824-3521

Phone Numbers

Veterans Crisis Line	Dial 988, then Press 1
VA Hotline	800-MyVA411 (800-698-2411, option 9)
MyVA411.....	800-698-2411
Bereavement Counseling (through Vet Centers).....	877-927-8387
Camp Lejeune Family Member Program	866-372-1144
Civilian Health and Medical Program (CHAMPVA)	800-733-8387
Community Care Billing Questions.....	877-881-7618
Debt Management Center.....	800-827-0648
Education	888-442-4551
Foreign Medical Program	877-345-8179 or 303-331-7590
Headstones and Markers.....	800-697-6947
Health Care	877-222-8387
Homeless Veterans.....	877-424-3838
Home Loans	877-827-3702
Life Insurance, All Programs Other than SGLI, FSGLI, TSGLI, VGLI	800-669-8477
Life Insurance, Veterans' Group Life Insurance Program (VGLI), Claims for Service members' Group Life Insurance (SGLI) and Family SGLI.....	800-419-1473
National Cemetery Scheduling Office	800-535-1117
Native American Direct Home Loans	888-349-7541
Presidential Memorial Certificate Program.....	202-565-4964
Spina Bifida Program.....	888-820-1756
TTY, Federal Relay.....	711
VA Benefits.....	800-827-1000
Vet Center Call Center.....	877-927-8387
Women Veterans.....	877-222-8387
72-Hour Emergency Care Notification Line	844-724-7842



New Patch Board :

Please feel welcome to bring in patches to place on our “share your patch” board.



Local history Pages:

We are interested in finding anyone who would like to share items to be published in our newsletter :

Pictures of local Veterans * Family Stories * Local History



Tomb of the Unknown Soldier

In 1921, an American soldier – his name “known but to God” – was buried on a Virginia hillside overlooking the Potomac River and Washington, D.C. The burial site of this unknown World War I soldier in Arlington National Cemetery became known as the Tomb of the Unknown Soldier. The neoclassical, white marble sarcophagus depicts three carved Greek figures representing Peace, Victory, and Valor. Inscribed on the back of the Tomb are the words:

“Here rests in honored glory an American soldier known but to God.”

The Tomb sarcophagus stands above the grave of the Unknown Soldier of World War I. To the west are the crypts for an Unknown Soldier from World War II and the Korean War. A white marble slab flush with the plaza marks each crypt.

In the following years, thousands of people flocked to Arlington National Cemetery to pay their respects at the Tomb of the Unknown Soldier, which soon came to symbolize the sacrifices of all American Servicemembers.

In 1926, Congress established a military guard to protect the Tomb during daylight hours. Since midnight on July 2, 1937, the Army has maintained a 24-hour guard over the Tomb. Sentinels of the 3rd U.S. Infantry, “The Old Guard,” assumed these duties on April 6, 1948, maintaining a constant vigil regardless of weather conditions. For more information, please visit the Arlington National Cemetery website at www.arlingtoncemetery.mil/Explore/Monuments-and-Memorials/Tomb-of-the-Unknown-Soldier.



**Lycoming County Office of
Veterans Affairs**

33 West Third Street, 2nd Floor
Williamsport, PA 17701
570-327-2365

Mailing Address:
48 West Third Street
Williamsport, PA 17701

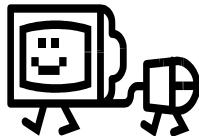
VeteransAffairsEmail@lyco.org

County Commissioners

*Scott Metzger
Mark Mussina
Marc Sortman*

**Visit Our Web Site:
www.lyco.org/VA**

For up-to-date
News and
Information
For Veterans



The Lycoming Vet
*is published
by the Office of
Veterans Affairs
in Lycoming County, PA*



**We are here to help you,
please call 570-327-2365 to schedule an appointment.**

Fully accredited as a Veterans Service Officers by the Pennsylvania
Department of Military and Veterans Affairs

**Natalie S. Steppe
Director of Veterans Affairs**

**Jeff Hamilton
Assistant Director of Veterans Affairs**

- US Marine Corps

**Keely J. Hitchens
Secretary**

Office Hours

Scheduled Appointments on:
Monday, Tuesday, Thursday and Friday 8:30 AM – 4:00 PM

Walk-Ins Welcomed on Wednesday

No Comp. or Pension Claims.

No Appointment needed

Information ONLY

9:00 a.m. - 4:00 p.m.

Closed weekends and major holidays.

The Lycoming County VA Office Will Be Closed:

Veterans Day - Tuesday, November 11, 2025

Thanksgiving - Thursday and Friday, November 27 & 28, 2025

Christmas - Wednesday and Thursday, December 24 & 25, 2025

New Year's Day - Thursday, January 1, 2026



Natalie Steppe - Director of Veterans Affairs
Jeff Hamilton - Assistant Director
Keely Hitchens - Receptionist